

MEASURING THE HUMAN TOLL
OF INCONTINENCE

Incontinence affects more women than diabetes, breast cancer and heart disease, but it doesn't get nearly the attention it deserves.

1 in 2

1 out of 2 women have some form of **incontinence**



Urinary incontinence affects nearly

80 million women in the U.S.



Not just for older people – half of all patients are under 50



Only 25% of women bring up their leaks to their **doctors**



9 out of 10 patients feel isolated, depressed or hopeless



On average, women only seek professional help **6+ years after** symptoms begin



1 out of 4 of women take **time off work** due to incontinence



Women with severe urinary incontinence spend about \$900 per year for their care



The statistics are just part of the story. You are more than a number, and help is available now - if you just reach out. Click here to download your free guide today:

NAFC.org/we-count